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Chicken Piccata with Parslied Orzo Shopping List

Makes 4 servings

- Whole-wheat orzo
- 3 Lemons
- Extra-Virgin olive oil
- Flat-leaf parsley
- Kosher salt
- Freshly ground pepper
- All-purpose flour
- 4 4oz. chicken breast cutlets
- Shallot
- Fresh garlic
- Capers
- Unsalted butter