



Visiting Nurse Association
of Northern New Jersey

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Marinated Chicken Breasts Shopping List

- Olive oil
- Flat-leaf parsley
- Basil
- Cilantro
- Fresh Chives
- Garlic
- Lemons
- Kosher salt
- Crushed red pepper flakes
- Black pepper
- 4 (6 oz.) boneless, skinless chicken breasts