



175 South Street, Morristown, NJ 07960 | 1-800-WE VISIT | Fax: 973-538-1689 | vnannj.org



## Mixed Berry Acai Smoothie

Makes 2 servings . Recipe adapted from CHOBANI®.

### Ingredients

- ½ cup Chobani® Vanilla Blended Greek Yogurt
- ½ banana
- 1 cup frozen mixed berries
- ½ cup coconut water
- 1 tablespoon açai powder
- 1 tablespoon agave syrup
- small handful of fresh berries for garnish (optional)

### Nutritional info per serving

Calories:	166
Total fat:	2g
Cholesterol:	5mg
Sodium:	87mg
Total Carbs:	33g
Dietary Fiber:	4g
Protein:	6g
Calcium:	78mg
Potassium:	437mg

### Directions

1. Place all ingredients in blender except for fresh berry garnish.
2. Blend all ingredients on high speed for 15 seconds.
3. Divide into 2 glasses and serve.