



175 South Street, Morristown, NJ 07960 | 1-800-WE VISIT | Fax: 973-538-1689 | vnannj.org

## Roast Beef Wrap Shopping List

*Makes 1 serving.*

- Mayonnaise
- Wasabi paste
- Low-sodium soy sauce
- 10-inch multigrain wrap
- Baby arugula
- Deli roast beef, thinly sliced
- Scallions
- Cucumber or tomato