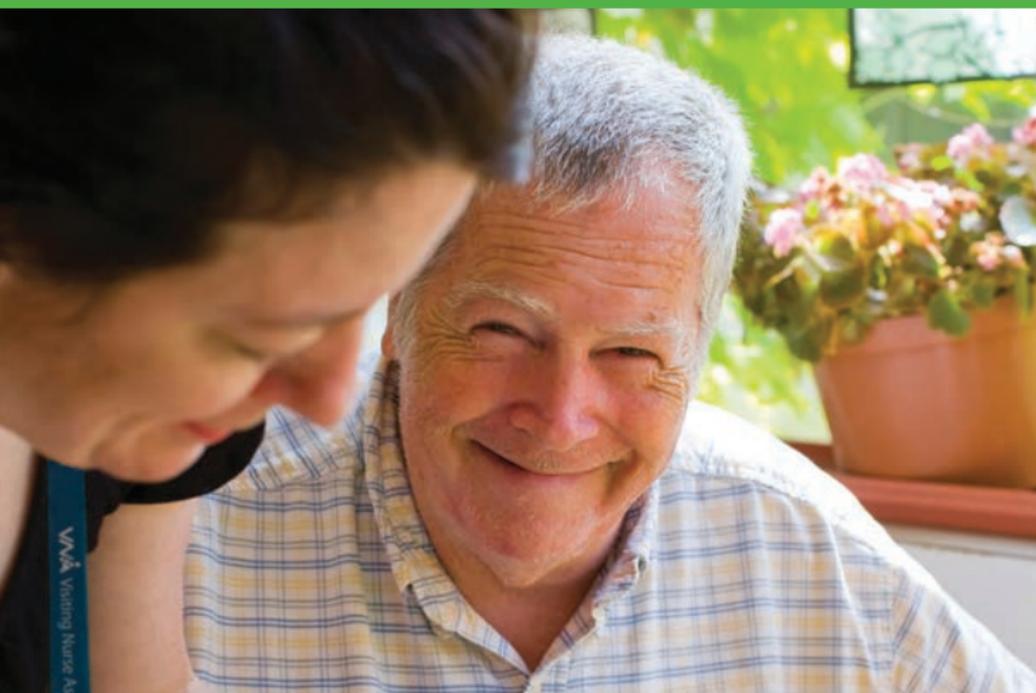


# Friendship House Adult Day Center



ONE CALL. HOME CARE FOR LIFE.



## Caring, Comprehensive Adult Day Care

Friendship House, a social adult day center operated by Visiting Nurse Association of Northern New Jersey (VNA), is a safe haven where individuals who require supervision due to physical or cognitive challenges or advanced age can find acceptance, companionship and practical assistance while their primary caregivers are afforded worry-free respite time. The goal of Friendship House is to bring some joy into the lives of its clients and return them to the care of loved ones who are refreshed by the “off-duty” time we have provided.



Our kind, experienced staff provides personalized attention and encouragement.

### A trusted source

Caregivers share their Friendship House experiences:

*“Friendship House has been a life saver for me as a caregiver and stimulating for my wife who has dementia.”*

*“Friendship House helps me balance caring for my 92-year-old mother, my 14-year-old daughter and myself. Mom looks forward to the days she goes to Friendship House and it’s the highlight of her week.”*

Friendship House and its services are made possible through grants received from the Morris County Board of Chosen Freeholders, United Way of Northern New Jersey, New Jersey Department of Human Services and private donations. Financial assistance and sliding-scale fees are available to those who qualify.

## A friendly environment for adults who require supervision

Many people who are unfamiliar with social adult day programs have misconceptions about the services they provide. That may explain why visitors to Friendship House are often surprised to find a happy group of seniors engaged in diverse activities designed to help them maintain their optimum physical and mental function and best possible quality of life.



Friendship House clients often rediscover the joy of socializing with peers and participating in simple activities.

Friendship House is staffed by patient, caring professionals including program and activities coordinators, and certified home health aides. Our staff provides encouragement and practical, one-on-one assistance to ensure the comfort and safety of all participants. In fact, for some participants, Friendship House can help to delay or eliminate the need for long-term residential care.

## Activities to maintain cognitive and physical skills

Friendship House offers a comprehensive array of services and activities in a stimulating, enjoyable environment:

- Individualized care plans and personalized attention
- A nutritious lunch and snacks
- Psycho-social health screenings
- Socialization, peer interaction and companionship
- Discussions and current events
- Exercise programs created in consultation with VNA physical and occupational therapists
- Therapeutically-oriented recreation and crafts
- Certified pet therapy
- Music therapy
- Parties
- Caregiver support services
- Consultation and referral to other services if needed

Friendship House activities are designed to be both therapeutic and fun.



Both men and women enjoy the activities offered at our Boonton location.



## Admission information

Friendship House is open to adults who require supervision due to physical and/or cognitive concerns. We accept clients with conditions that require special care.

The center is located at 130 Powerville Road in Boonton. Its hours of operations are 8:30 a.m. to 4:30 p.m. Monday through Friday. Clients can attend on a limited schedule or five days per week.

Program fees are adjustable based upon individual financial resources. VNA can also provide assistance obtaining grant funding to cover the cost of attendance for those who qualify. Social adult day care is not covered by Medicare and most insurance plans.

## One call for caregiver support and peace-of-mind

There is no need to take on the role of caregiver alone. Reach out to Friendship House to learn more about how both you and your loved one would benefit from participation in a social adult day program. Call the center directly at **973-451-4152** or contact VNA at **1-800-WE VISIT**.

Friendship House is located at  
130 Powerville Road, Boonton, NJ

Visiting Nurse Association of Northern New Jersey (VNA) is a nonprofit organization with a distinguished history that spans more than a century. VNA provides skilled nursing services, physical and occupational therapy, speech and language pathology, certified home health aides, hospice and palliative care, dietitian and medical social worker services, caregiver support programs, private care services and Friendship House, a social adult day care program.

Visiting Nurse Association of Northern NJ is licensed by the New Jersey Department of Health and accredited by the Community Health Accreditation Program (CHAP).

*VNA Headquarters in Morristown.*



175 South Street  
Morristown, NJ 07960  
[www.vnannj.org](http://www.vnannj.org)

**One Call: 1-800-WE VISIT**  
**Home care for life.**