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## Baked Pumpkin Pudding Shopping List

*Makes 4 servings*

- Nonstick cooking spray
- Canned pumpkin
- Milk
- Brown sugar
- Eggs
- Pumpkin spice mix
- Quick-cooking rolled oats
- Pumpkin seeds, pecans or pistachios
- Butter
- Walnuts (optional)
- Cinnamon (optional)
- Powdered sugar (optional)