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## Banana Bread Shopping List

- 2 ripe bananas
- Fat-free yogurt
- Butter
- 2 large eggs
- Granulated sugar
- Brown Sugar
- All-purpose flour
- Ground flaxseed (look for whole ground flaxseed (sometimes labeled "flaxseed meal") on the baking aisle
- Baking Soda
- Salt
- Cinnamon
- Ground allspice
- Cooking spray