



Chicken & Dumplings

Makes 5 servings. Recipe from Real Simple.

Ingredients

- 1 3 ½- to 4-pound rotisserie chicken, meat shredded
- 1 10-ounce package frozen mixed vegetables
- 1 10.75-ounce can condensed cream-of-mushroom soup
- ¼ teaspoon kosher salt
- ¼ teaspoon black pepper
- 1 10-count tube refrigerated biscuits

Nutritional info

Calories:	392
Total fat:	4g
Cholesterol:	200mg
Sodium:	1554mg
Total Carbs:	34g
Protein:	23g
Calcium:	69mg

Directions

1. Heat oven to 400° F.
2. Combine the chicken, vegetables, soup, salt, pepper, and 3/4 cup water in a large bowl.
3. Transfer the mixture to an oven-safe casserole, cover with foil, and bake for 30 minutes.
4. After 15 minutes, place the biscuits on a baking sheet and bake until the biscuits are golden brown and cooked through, about 15 minutes. Remove both the casserole and the biscuits from the oven. Uncover the casserole, place the biscuits on top, and serve.