



Visiting Nurse Association  
of Northern New Jersey

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## Chicken & Dumplings Shopping List

- 1 3½- to 4-pound rotisserie chicken, meat shredded
- One 10-ounce package frozen mixed vegetables
- One 10.75-ounce can condensed cream-of-mushroom soup
- ¼ teaspoon kosher salt
- ¼ teaspoon black pepper
- One 10-count tube refrigerated biscuits