

175 South Street, Morristown, NJ 07960 | 1-800-WE VISIT | Fax: 973-538-1689 | vnannj.org



## **Chocolate Chip Zucchini Bread**

Makes 16 slices. Recipe from CookingLight.com.

## Ingredients

3/4 cup sugar

3 tablespoons vegetable oil

2 large eggs

1 cup applesauce

2 cups all-purpose flour

2 tablespoons unsweetened cocoa

1¼ teaspoons baking soda

1 teaspoon ground cinnamon

¼ teaspoon salt

 $1\frac{1}{2}$  cups finely shredded zucchini (about 1 medium)

 $\frac{1}{2}$  cup semisweet chocolate chips

Cooking spray

## **Nutritional info**

| Calories      | 161   |
|---------------|-------|
| Fat           | 5g    |
| Sodium        | 145mg |
| Carbohydrates | 27g   |
| Cholesterol   | 27g   |
| Dietary Fiber | 9g    |
| Sugars        | 80g   |
| Protein       | 3g    |
| Calcium       | 2mg   |
| Iron          | 2mg   |
| Potassium     | 717mg |

## **Directions**

- 1. Preheat oven to 350°.
- 2. Place first 3 ingredients in a large bowl; beat with a mixer at low speed until well blended. Stir in applesauce.
- 3. Lightly spoon flour into dry measuring cups; level with a knife. Combine flour and the next 4 ingredients (through salt), stirring well with a whisk. Add flour mixture to sugar mixture, beating just until moist. Stir in the zucchini and chocolate chips. Spoon batter into a 9 x 5-inch loaf pan coated with cooking spray.
- 4. Bake at 350° for 1 hour or until a wooden pick inserted in center comes out almost clean.
- 5. Cool in pan 10 minutes on a wire rack, and remove from pan. Cool completely on wire rack.