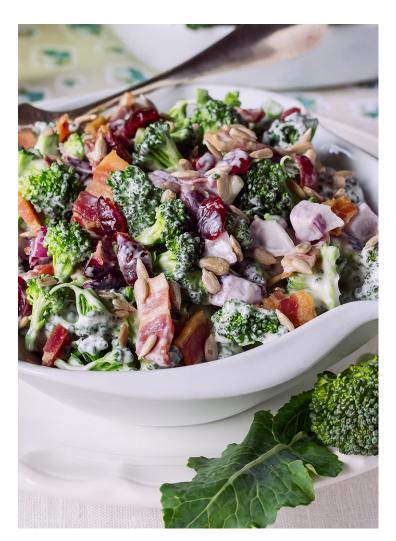


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Cranberry, Almond & Broccoli Salad

Makes 8 1/2 cup servings. Recipe from Cooking Light.*

Ingredients

1/4 cup finely chopped red onion

1/3 cup canola mayonnaise

3 tablespoons 2% reduced-fat Greek yogurt

1 tablespoon cider vinegar

1 tablespoon honey

1/4 teaspoon salt

1/4 teaspoon freshly ground black pepper

4 cups coarsely chopped broccoli florets (about 1 bunch)

1/3 cup slivered almonds, toasted

1/3 cup reduced-sugar dried cranberries

4 center-cut bacon slices, cooked and crumbled

Nutritional info per cookie

Calories:	104
Total fat:	6g
Cholesterol:	4mg
Sodium:	224mg
Total Carbs:	11g
Dietary fiber:	3g
Protein:	4g
Iron:	1mg

Directions

- 1. Soak red onion in cold water for 5 minutes; drain.
- 2. Combine mayonnaise and next 5 ingredients (through pepper), stirring well with a whisk.
- 3. Stir in red onion, broccoli, and remaining ingredients.
- 4. Cover and chill 1 hour before serving.

^{*}Photo does not accurately picture recipe.