



## Lemony Cabbage Salad

Makes 4-6 servings. *Recipe from countryliving.com*

### Ingredients

5 cups finely shredded green cabbage  
2 tablespoons chopped fresh flat-leaf parsley  
1 1/2 tablespoons fresh lemon juice  
1 tablespoon chopped fresh oregano  
2 tablespoons olive oil  
Kosher salt & freshly ground black pepper

### Nutritional info per serving

Calories	344
Total Fat	33.1g
Sodium	829mg
Dietary Fiber	9.3g
Calcium	298mg
Iron	8mg
Potassium	451mg

### Directions:

1. Toss together cabbage, parsley, lemon juice, oregano, and oil in a bowl.
2. Season with salt and pepper.
3. Refrigerate 30 minutes to allow the cabbage to soften.
4. Serve!