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No-Bake Graham Cracker & Peanut Butter Cookies

Makes 8 servings, 2 cookies each. Recipe adapted from AARP.

Ingredients

16 whole-wheat graham cracker squares, finely ground

1/2 cup raisins

1/2 cup smooth natural peanut butter

5 tablespoons honey

2 tablespoons unsweetened coconut

Nutritional info per serving (2 cookies)

Calories: 313 Total fat: 13g Cholesterol: 0mg Sodium: 284mg Total Carbs: 46g Dietary Fiber: 8g Protein: 14g Potassium: 82mg

Directions

- 1. Combine ground whole-wheat graham crackers, raisins, peanut butter and honey in a small bowl.
- 2. Pat into 16 cookies and press lightly in coconut.