



Sheet-Pan Salmon & Broccoli with Sesame & Ginger

Yield: 4 servings. Recipe from cooking.nytimes.com/recipes

Ingredients

4 tablespoons toasted sesame oil
2 tablespoons soy sauce or tamari
1 tablespoon rice vinegar
1 tablespoon honey
1 (2-inch) piece fresh ginger, peeled and finely grated (about 1 tablespoon)
1 garlic clove, finely grated
1 pound broccoli, trimmed and cut into florets, thick stems discarded
2 scallions, trimmed and cut diagonally into 1½-inch segments, plus thinly sliced scallions for garnish
1 tablespoon olive oil, plus more for brushing salmon
Kosher salt and black pepper
4 (6-ounce) skin-on salmon fillets
½ lime, for serving
Sesame seeds, for serving

Nutritional info

Calories	586
Carbohydrate	15g
Fiber	4g
Protein	39g
Fat	41g
Sodium	787g

Directions

1. Heat the oven to 425° F. In a small bowl, whisk 3 tablespoons sesame oil with the soy sauce, vinegar, honey, ginger and garlic until smooth. Set the glaze aside.
2. Place the broccoli florets and 1½-inch scallion segments on a sheet pan. Drizzle with 1 tablespoon olive oil and the remaining 1 tablespoon sesame oil. Sprinkle with ½ teaspoon salt and ¼ teaspoon black pepper, toss well and roast for 5 minutes.
3. While the broccoli and scallions roast, place the salmon fillets on a plate and pat dry with paper towels. Brush all over with olive oil and sprinkle with salt and pepper.
4. Toss the broccoli and scallions and move to the edges of the pan, clearing spaces in the center for the salmon fillets. Place the salmon fillets, evenly spaced, on the center of the pan. Brush the fillets generously with the glaze. Return the pan to the oven and roast until the salmon is cooked through but still slightly rare in the center, about 12 minutes.
5. Squeeze the lime over the broccoli and sprinkle with salt. Scatter the sliced scallions and sesame seeds over the salmon, and serve hot.