



Visiting Nurse Association

175 South Street, Morristown, NJ 07960 | 1-800-WE VISIT | Fax: 973-538-1689 | vnannj.org

Light Strawberry Shortcake Shopping List

Makes 8 servings

- All-purpose flour
- Granulated sugar
- Baking powder
- Salt
- Salted butter
- 1 lemon
- 1 large egg
- Low-fat buttermilk
- Sliced almonds
- Strawberries (4 cups hulled and sliced)
- 1 orange
- 1 cup 2% Greek yogurt
- Confectioner's sugar