



Visiting Nurse Association
of Northern New Jersey

175 South Street, Morristown, NJ 07960 | 1-800-WE VISIT | Fax: 973-538-1689 | vnannj.org

Veggie & Hummus Sandwich Shopping List

- Whole-grain bread
- Hummus
- Avocado
- Mixed salad greens
- Red pepper
- Cucumber
- Carrot